

MARCH

Newsletter



Happy March!

It is so exciting to see our programs grow and have numerous individuals sign up for our courses. This month we gained over 15 new students who took the initiative to take on their educational goals one step at a time. We thank you all for being dedicated to Colusa Adult School!

We only have two months left of classes and that means it is time to make the best of the remaining scheduled classes. We look forward to rewarding everyone at our upcoming award and graduation event. Keeping your mind set on your academic, personal, and career goals is important to successfully fulfill your vision of your ideal future. Take a look below for tips on how to reach your goals!

If someone you know is interested in enrolling in Colusa Adult School, the last day for orientation testing is **APRIL 12th**. Please have the contact us at the number below to help them get started!

**You are all invited to an
employment exploration
presentation given by Colusa One
Stop on March 21st at 6 p.m. in
Classroom #1.**

**YOU'RE
INVITED!**

Contact Colusa Adult School and join us for any of these courses to expand your educational pathways!



COLUSA COUNTY ADULT SCHOOL

EDUCATION FOR LIFE

*Beatriz Adame- Adult Education Navigator
530-473-1350*

HOW TO BE SUCCESSFUL IN REACHING YOUR GOALS

- **Your vision for the future.** Goals should be the result of careful consideration of a personal vision statement and the things you want to achieve.
- **Time-sensitive.** The most effective goals are time-bound. Goals generally have a longer time frame. They can then be broken down into smaller, short-term objectives.
- **Large in nature.** Don't be afraid to set a big goal that seems like a reach. Feel free to think outside the box and dream big. You can set smaller, short-term goals to help you get there.
- **SET CLEAR AND SPECIFIC GOALS**
- **DEVELOP A PLAN**
- **STAY DISCIPLINED AND FOCUSED**
- **CONTINUOUSLY LEARN AND ADAPT**
- **BELIEVE IN YOURSELF**
- **STAY PERSISTENT**

CERTIFIED NURSE ASSISTANT



COLUSA COUNTY ADULT SCHOOL

EDUCATION FOR LIFE



Our CNA students have been working hard and are beginning their clinical practice. By the end of March our students will finish the course and graduate our program!



Colusa Adult School
(530) 473-1350
499 Margurite Street, Williams, 95987
www.colusacountyadultschool.net

»» EDUCATION VILLAGE

STUDENT SUCCESS SPOTLIGHT



»» EVENING CTE CLASS

Brenda is an amazing student! She began in keyboarding to pick up skills for her work as a preschool teacher.



PROGRESS

Brenda soon earned classroom awards and was considering continuing her education.



HURED!

She had taken courses for professional development and education prior, and decided to continue.



FUTURE SUCCESS

After continuing, Brenda earned her Associate Teacher Certificate. She has plans to transfer to Chico State when she finishes her Associate's Degree! We know you'll do amazing at the university and your students are blessed to have such a role model!





COLUSA COUNTY ADULT SCHOOL

EDUCATION FOR LIFE



Open Lab Sessions



Digital Literacy

Come and learn essential computer skills & essential software skills!
¡Ven y aprende habilidades informáticas y de software esenciales!



Paraeducator Exam Prep

Instruction given to prepare for the exam to be a paraeducator
Instrucción dada para prepararse para el examen para ser paraeducador



Burlington English

Available for enrolled ESL students
Disponible para estudiantes matriculados en ESL



HiSet Prep

Students will receive direct instruction on subject matter or use AZTEC
Los estudiantes recibirán instrucción directa sobre la materia o utilizarán AZTEC

**Wednesdays & Thursdays
9am- 11am**

*Must bring ID to check in the main Education Village office

For more information contact Colusa County Adult Education Para obtener más información comuníquese con la Educación de Adultos del Condado de Colusa!

**499 Margurite street, Williams
(530) 473-1350**



COLUSA COUNTY ADULT SCHOOL

EDUCATION FOR LIFE

Paraeducator Exam Prep



Come and get direct instruction from our adult education teachers to prepare for the paraeducator exam

- English-Language Arts*
- General Math*
Pre-Algebra & Algebra
The Coordinate System
Geometry
- Ability To Assist*
- Writing*



NOW OFFERING MORNING & EVENING CLASSES!

Wednesdays & Thursdays
9-11 a.m.

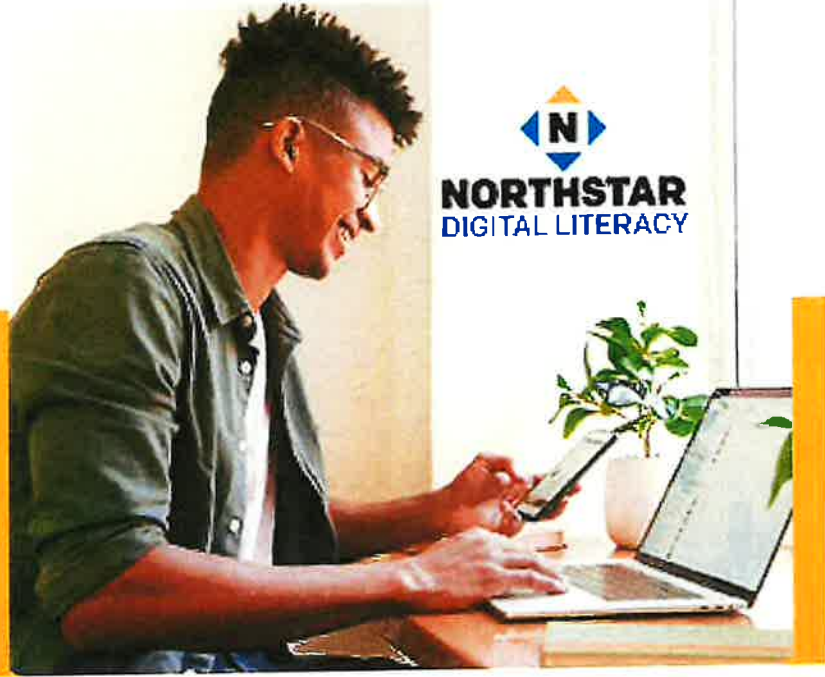
Tuesday-Thursday
5-8 p.m.

For more information contact Colusa County Adult School
499 Margurite street, Williams
(530) 473-1350



COLUSA COUNTY ADULT SCHOOL

EDUCATION FOR LIFE



Digital Literacy

Come and learn essential computer skills & essential software skills!



Essential Computer Skills

- Basic Computer Skills
- Internet Basics
- Email
- Windows
- MAC OS



Using Technology in Daily Life

- Social Media
- Information Literacy
- Career Search Skills
- Accessing Telehealth Appointments
- Your Digital Footprint
- Supporting k-12 Distance Learning

**NOW OFFERING
MORNING & EVENING
CLASSES!**

**Monday & Wednesdays
6pm-8pm**

**Wednesday & Thursday
9am-11am**

**For more information contact Colusa County Adult School!
499 Margurite street, Williams
(530) 473-1350**



US Citizenship and
Immigration Services presents...

*Ciudadanía estadounidense y
Servicios de Inmigración presenta...*

How to Apply to Become a U.S. Citizen

Cómo aplicar para ciudadanía estadounidense

- the requirements / *los requisitos*
- the test / *el examen*
- the process to apply / *el proceso de solicitud*
- free study materials / *materiales de estudio gratis*
- Q & A session / *sesión de preguntas y respuestas*

Saturday / sábado, 18 May 2024
10-11:30am

at the **Colusa Library**
en la Biblioteca de Colusa
738 Market St., Colusa

For more information, contact the Literacy Coordinator
Para obtener más información, contactar a la coordinadora de alfabetización
Pam DaGrossa (530-458-0373, pdagrossa@countyofcolusa.com).

Williams Family Action Center

499 Marguerite St., Williams

530.473.0212



wfackids.org



wfackids



March

2024

Events & Programs

- | | | |
|---------------------|---|----------------|
| 1 | PlayConnect
A playgroup for families with children 0-5 with special needs | 9-10:00 am |
| 4
11
18
25 | Growing Start: Mondays
Weekly playgroups for families with children 6 weeks through age 5.
*Pre-registration is required. | 9- 10:30 am |
| 4
11
18
25 | CalFresh Drop in Assist Mondays
Drop in to find out more information, check qualifications or to apply! | 1:00-4:00 pm |
| 6
13
20
27 | Growing Start: Wednesdays
Weekly playgroups for families with children 6 weeks through age 5.
*Pre-registration is required. | 9- 10:30 am |
| 12 | CSFP Senior Food Box Distribution
Those age 60+ and pre-registered can pick up their boxes at our drive thru in front of the Education Village MPR.
*Pre-registration is required. | 10:00 am |
| 20 | Make Parenting A Pleasure
A program that promotes family resiliency by bringing parents together to learn, share, and develop a support network. | 9-11:00 am |
| 22 | Bumps & Beyond Coffee Talks
A parent support group for new and expectant parents. | 10:30-11:30 am |
| 28 | TEFAP Food Distribution: Drive-Thru
A food distribution for those in need. If you are unable to pick up for yourself, one dated and signed note per year is required. First come, first served. | 10:00 am |



We're here for you...The Community!

Family Action Centers
of
Colusa County

Family Resource Centers in Arbuckle & Williams



FIRST 5
COLUSA





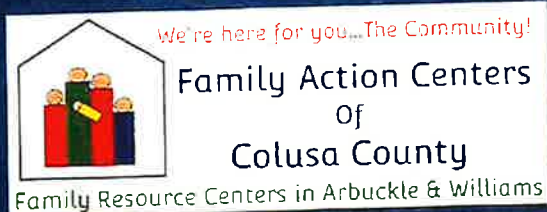
MIÉRCOLES
03/20
9 AM

MAKE PARENTING A PLEASURE (MPAP) CLASES PARA PADRES

Un programa que promueve la resiliencia familiar reuniendo a los padres para compartir y normalizar sus experiencias de crianza. MPP proporciona a los padres:

- ✓ Consejos y estrategias para padres
- ✓ Descripción general del desarrollo infantil
- ✓ Recursos de la comunidad
- ✓ Una red de apoyo

WILLIAMS FAMILY ACTION CENTER
499 MARGUERITE STREET | WILLIAMS, CA



Regístrese hoy:  530.473.0212  www.WFACKids.org

CLAY CITY BBQ PRESENTS



FREE



CAR SHOW & SHINE



SATURDAY MARCH 16TH
9AM-2PM

ALL MAKES & MODELS PRE 1979
ALL OTHER YEARS MUST BE PRE-APPROVED
AWARDS FOR TOP FIVE ENTRIES

BBQ BY



DOWNTOWN COLUSA

ON 8TH STREET BETWEEN MARKET & MAIN
CONTACT: TOM INDRIERI 530-300-6039



BIT.LY/COLUSACARSHOW

CCOE- Children's Services presents the

FAMILY FAIR

April 15th, 2023
10am to 2pm

ETCHEPARE HALL
COLUSA COUNTY FAIRGROUNDS
1303 10TH ST. COLUSA, CA 95932



JOIN US FOR LOTS OF FUN!

- Games
- Art Projects
- Snacks/drinks
- Petting Zoo
- Magic Show
- Entertainment and much more!



Colusa County Office of Education -
Children's Services
385 5th Street Colusa, CA 95932
530-458-0350



Local Child Care
Planning Council
of Colusa County

If your agency or group would like to participate contact
Joe Moyer at jmoyer@ccoe.net or (530)458-0350

Spring 2024 Job Fair

May 15, 2024
10:00am-12:00pm



Skip the line. Register ahead of time!

1. Create an account on CalJobs.ca.gov (Already have an account? Go to step 2)
2. Register for this event on Eventbrite



SUTTER COUNTY VETERANS HALL

1425 Veterans
Memorial Cir,
Yuba City, CA
95993

<http://tinyurl.com/46ac3nt6t>

www.sutteronestop.com

For more information contact:

Sutter County One Stop
950 Tharp Road #1000
Yuba City, CA 95993
(530) 822-5120
711 TTY/VRS
sutteronestop.com

Your Future Begins Here

The Sutter County One Stop is a proud partner of America's Job Center of CaliforniaSM network.



America's Job Center
of CaliforniaSM



Equal Opportunity Employer/Program. Auxiliary aides & services are available upon request to individuals with disabilities.

MARCH

Newsletter



¡Feliz Marzo!

Es muy emocionante ver crecer nuestros programas y que numerosas personas se inscriban en nuestros cursos. Este mes ganamos más de 15 nuevos estudiantes que tomaron la iniciativa de cumplir sus objetivos educativos paso a paso. ¡Les agradecemos a todos por estar dedicados a Colusa Adult School!

Solo nos quedan dos meses de clases y eso significa que es hora de aprovechar al máximo las clases restantes programadas. Esperamos recompensar a todos en nuestro próximo evento de premiación y graduación. Mantener la mente fija en sus objetivos académicos, personales y profesionales es importante para cumplir con éxito la visión de su futuro ideal. por favor vea los consejos a continuación para obtener consejos sobre cómo alcanzar sus objetivos!

Si alguien que conoce está interesado en inscribirse en la Escuela de Adultos de Colusa, el último día para el examen de orientación es el **12 de ABRIL**. ¡Contáctenos al número que aparece a continuación para ayudarlos a comenzar!

Estan todos invitados a una exploración de empleo presentación realizada por Colusa One Stop el día 21 de marzo a las 6 p.m. en el salon #1.



¡Contacta a la Escuela de Adulto del Condado de Colusa para escribirte en estos cursos para ampliar tus caminos educativos!



COLUSA COUNTY ADULT SCHOOL

EDUCATION FOR LIFE

Beatriz Adame- Navegadora de Educación de Adultos
530-473-1350

HOW TO BE SUCCESSFUL IN REACHING YOUR GOALS

Tu visión para el futuro. Las metas deben ser el resultado de una cuidadosa consideración de una declaración de visión personal y de las cosas que desea lograr.

Tiempo sensible. Los objetivos más eficaces tienen un plazo determinado. Los objetivos generalmente tienen un plazo más largo. Luego pueden dividirse en objetivos más pequeños y de corto plazo.

De naturaleza grande. No tengas miedo de fijarte una gran meta que parezca un alcance. Siéntete libre de pensar fuera de lo común y soñar en grande. Puedes establecer objetivos más pequeños y a corto plazo que te ayuden a alcanzarlos.

- **ESTABLECER OBJETIVOS CLAROS Y ESPECÍFICOS**
- **DESARROLLAR UN PLAN**
- **MANTÉNGASE DISCIPLINADO Y CONCENTRADO**
- **APRENDER Y ADAPTARSE CONTINUAMENTE**
- **CREER EN TI MISMO**
- **MANTENTE PERSISTENTE**

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STUDENT SUCCESS SPOTLIGHT



»» EVENING CTE CLASS

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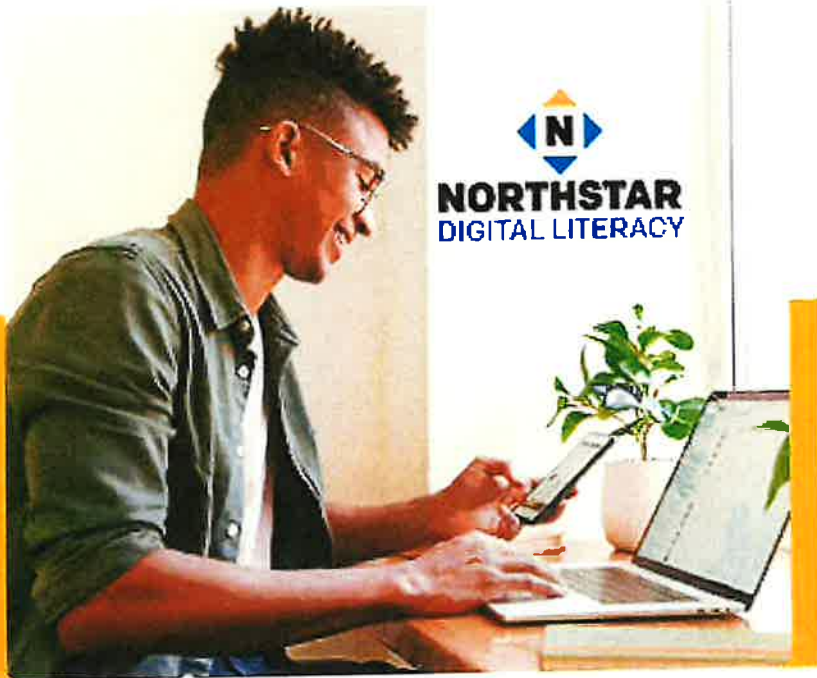


COLUSA COUNTY ADULT SCHOOL

EDUCATION FOR LIFE



NORTHSTAR
DIGITAL LITERACY



Digital Literacy

¡Ven y aprende habilidades informáticas y de software esenciales!

Habilidades Informáticas Esenciales

- Habilidades informáticas básicas
- Conceptos básicos de Internet
- Correo electrónico
- MAC OS



Uso de la tecnología en la vida diaria

- Medios de comunicación social
- Habilidades de búsqueda de carrera
- Acceso a citas de telesalud
- Tu huella digital
- Apoyando el aprendizaje a distancia k-12

**¡AHORA OFRECEMOS
CLASES EN LA
MANANA Y EN LAS
TARDES!**

**Lunes y Miércoles
6 p. m.-8 p. m.**

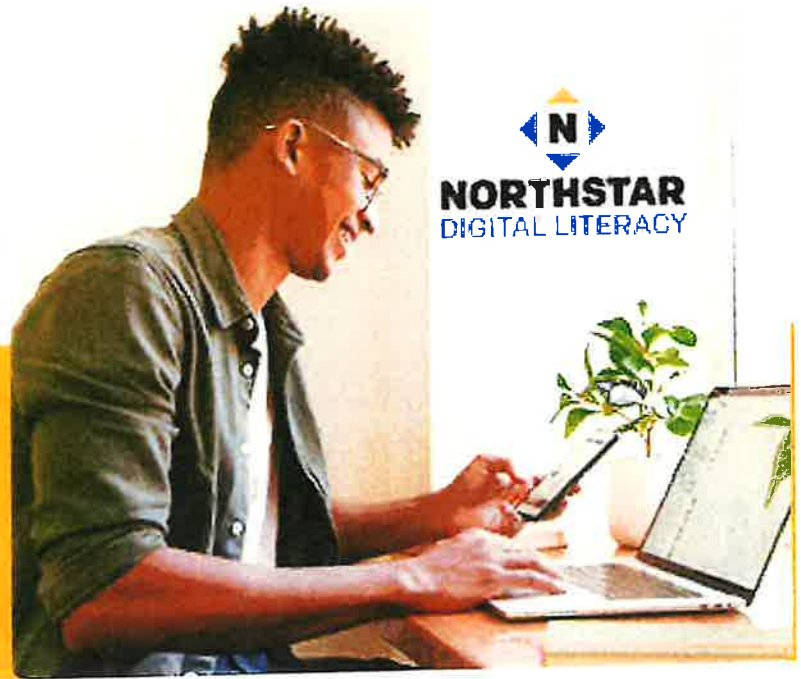
**Miércoles y Jueves
9 a.m.-11 a.m.**

**Para obtener más información, comuníquese con la escuela
de adultos del condado de Colusa!
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Geometry

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*Ciudadanía estadounidense y
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Cómo aplicar para ciudadanía estadounidense

- the requirements *los requisitos*
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Saturday / sábado, 18 May 2024
10-11:30am

at the **Colusa Library**
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738 Market St., Colusa

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Para obtener más información, contactar a la coordinadora de alfabetización
Pam DaGrossa (530-458-0373, pdagrossa@countyofcolusa.com).

Williams Family Action Center

499 Marguerite St., Williams

530.473.0212



wfackids.org



wfackids



Marzo 2024

Eventos Y Programas



We're here for you. The Community!

Family Action Centers
of
Colusa County

Family Resource Centers in Arbuckle & Williams



FIRST 5
C O L U S A

- | | | |
|---------------------|--|----------------|
| 1 | PlayConnect
Un grupo de juego para familias con niños de 0 a 5 años con necesidades especiales. | 9-10:00 am |
| 4
11
18
25 | Growing Start: lunes
Grupos de juego semanales para familias con niños de 6 semanas a 5 años.
*Se requiere inscripción previa. | 9- 10:30 am |
| 4
11
18
25 | CalFresh Drop in Assist los lunes
¡Visitenos para obtener más información, comprobar las calificaciones o presentar una solicitud! | 1:00-4:00 pm |
| 6
13
20
27 | Growing Start: miércoles
Grupos de juego semanales para familias con niños de 6 semanas a 5 años.
*Se requiere inscripción previa. | 9- 10:30 am |
| 12 | CSFP cajas para personas mayores
Los mayores de 60 años y preinscritos pueden recoger sus cajas en nuestro drive-thru frente al salon multi usos de Education Village.
*Se requiere inscripción previa. | 10:00 am |
| 20 | Haga de la paternidad un placer
Un programa que promueve la resiliencia familiar al reunir a los padres para aprender, compartir y desarrollar una red de apoyo | 9-11:00 am |
| 22 | Bumps & Beyond Pláticas con café
Un grupo de apoyo para padres nuevos y futuros. | 10:30-11:30 am |
| 28 | TEF AP Distribucion de comida: Drive-Thru
Una distribución de alimentos para los necesitados. Si no puede recogerlo usted mismo, se requerirá una nota fechada y firmada por año. El primero en llegar es el primero en ser atendido | 10:00 am |





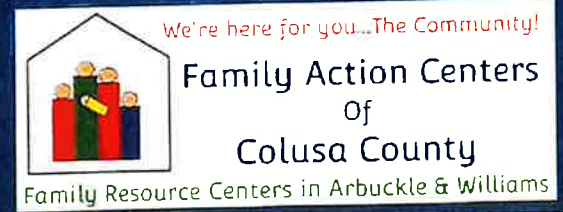
WEDNESDAY
03/20
9 AM

MAKE PARENTING A PLEASURE (MPAP) PARENTING CLASSES

A program that promotes family resilience by bringing parents together to share and normalize their parenting experiences. MPP provides parents with:

- ✓ Parenting Tips & Strategies
- ✓ Overview of Child Development
- ✓ Community Resources
- ✓ A Support Network

WILLIAMS FAMILY ACTION CENTER
499 MARGUERITE ST | WILLIAMS, CA



Register Today:  530.473.0212

 www.WFACKids.org

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CAR SHOW
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- Games
- Art Projects
- Snacks/drinks
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- Magic Show
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and much more!



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530-458-0350



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**SUTTER COUNTY
VETERANS HALL**

**1425 Veterans
Memorial Cir,
Yuba City, CA
95993**

<http://tinyurl.com/46ac3nt6t>

www.sutteronestop.com

For more information contact:

Sutter County One Stop
950 Tharp Road #1000
Yuba City, CA 95993
(530) 822-5120
711 TTY/VRS
sutteronestop.com

Your Future Begins Here

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America's **JobCenter**
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Equal Opportunity Employer/Program. Auxiliary aides & services are available upon request to individuals with disabilities.